

## FURNITURE CLUB MEMBERS OFFER INTERIOR SOLUTIONS FOR HEALTHY LIVING



Most of us spend an incredible amount of time of their daily life in-doors - at home, at work and even during leisure. So much the more important is it that interior fittings keep you in good health and mood instead of adding harm.

The member companies of Furniture Club have considered a multitude of different health aspects when creating their furniture and interior elements. Ergonomics are a main topic with many facets, but also acoustics or materials which are suitable for allergy sufferers, only to name a few. Let yourself be inspired by their solutions!

### ASSMANN Büromöbel GmbH & Co. KG: Ergonomic Workplaces



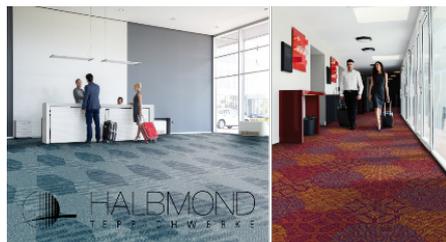
Ergonomic workplaces are crucial for a healthy and productive office environment. That is why Furniture Club member ASSMANN BÜROMÖBEL GMBH & CO. KG has been developing and producing height-adjustable desks for decades. These desks allow for an easy switch between a sitting and a standing position while ensuring an ergonomically correct posture at all times – whether in the office or at home.

Learn more about ASSMANN desk systems and how they contribute to a lasting investment in one's employees' health and well-being: <https://lnkd.in/eMgcdQDk>

### Halbmond Teppichwerke GmbH: Maximum reduction of foot-fall sound

Medical professionals agree that noise at the workplace has a negative effect on people's well-being and health. Noise not only reduces people's concentration, but can also impair their ability to perform in the long term. According to the Federal Institute for Occupational Safety and Health, noise levels therefore should not exceed 55 dB on average. In this context it should be noted that a photocopier, for example, produces 70 dB and a computer fan 30 dB when in operation. Smooth, hard materials reflect this noise and hold it captive in the room like an echo.

This makes it more difficult to understand the spoken word, as well as to listen to what people are saying. Carpets decisively help to significantly reduce both the noise level and the



reverberation times (noise duration) of such interfering sounds. The textile floor coverings absorb the noise and interrupt the vibrations which could otherwise propagate in the room. The best effect is achieved with the Xtra special acoustic backing of Halbmond. Depending on the object concerned, it can reduce the sound of foot-falls by up to 31 dB and increase speech intelligibility by up to 80% at the same time.

### **Nehl Wohnideen GmbH & Co. KG: Nehl Sofabeds – Quality Made In Germany**



Nehl sofa beds are designed and produced in Germany. They are designed for different needs and can be individually configured. Especially where every centimeter counts, our quick-change artists are ideal as bed substitutes. We pay attention not only to a great design, but also to ergonomic aspects. Flexibly installed springwood slats, matched to the type of mattress, ensure a high level of sitting and sleeping comfort.

We place a lot of emphasis on an optimal lying height, which ranges from 43 to 64 cm, depending on the model so that getting up in the morning is not too difficult. With our sofa beds, for example, you sleep on an 18 cm high mattress almost like in a "real bed". In addition, the mattress covers can be easily removed and washed up to 60° C.

You can still enjoy our convertible sofas after many years, therefore we use only high-quality foams and innersprings. Almost all sofa beds are equipped with a hidden storage compartment, which can be reached easily and without effort. Due to the modular construction, a wide variety of seating and sleeping combinations can thus be created.

### **JAKA-BKL GmbH: Sophisticated solutions for an ergonomic kitchen**

Today, the kitchen has become the new 'living room' and is thought to be the most important place at home. Accordingly, the demands for comfort in the kitchen have increased, and well thought-out solutions are considered the standard.



The most important basis for health and ergonomics is laid when planning a kitchen. The first thing that comes to mind is usually the adjustment of the cabinet and work heights to the needs of the respective end customer. There are major differences to be mastered here. After all, in Western Europe, people are getting taller on average, and countertops are correspondingly higher than they were ten years ago.

But the real art of kitchen planning lies in the sophisticated interplay of various factors. Because in addition to the height, the type of products, the place of attachment, distances, work processes and much more also play an important role in designing a kitchen in such a way that it optimally implements ergonomic aspects:

- Oven, refrigerator and dishwasher at a comfortable viewing and reachable height
- Sufficient freedom of movement between the electrical devices.
- Ergonomic working height for cooking and washing up.
- Storage cupboard/apothecary's cupboard with access from both sides for optimal and clear storage space.
- Upper cabinets with flaps or folding door lift for a clear overview and free access.

### **Halbmond Teppichwerke GmbH: Recommended for allergy-sufferers**



All carpets from Halbmond are made of high-quality polyamides and are naturally free from allergens and irritants. What is just as important for allergy-sufferers, however, is that the textile fibres bind the dust. This ensures that troublesome particles remain on the floor until the carpet is cleaned instead of being swirled about by movements and draughts. These properties make carpets more suitable for allergy-sufferers than hard floorings. This has also been confirmed, among other things, by

a recent study commissioned by the German Allergy and Asthma Society, which showed that the concentration of fine dust in carpeted rooms is less than half that in rooms with hard flooring. Swedish findings have also refuted the widely assumed causal relationship between allergies and carpets.

According to the Institute for Fibre and Polymer Research, the number of allergy-related disorders has tripled within the space of twenty years – despite the fact that carpets were replaced by hard floor coverings in 70% of all homes during the same period. What 's more, the pollutant concentration of indoor air has steadily increased in recent decades. Not only do we spend more and more time indoors – the regular, healthy exchange of air in the rooms is made more difficult by modern building insulation. This makes a textile floor covering to collect and bind the pollutants all the more important.

### **Hettich Group: Healthy and productive at the workplace**

More and more employees are attaching importance to health and individuality at the workplace or a professionally equipped home office. Practicality, ergonomics and aesthetics should go hand in hand. And one of the big winners has already emerged: the height adjustable desk!

Why? Because alternating between sitting and standing strengthens the back and cardiovascular system. It promotes concentration, improves work results and helps to boost a sense of satisfaction.



With Steelforce height-adjustable desk systems, Hettich offers an answer to the most important work and interior trends of our time. In our Steelforce range you will find different product lines for every customer requirement and every working environment. And our extras give the workplace a tidier look: use our range of cable and storage solutions, e.g. in bamboo, for a particularly homely feel.

The Steelforce Homeoffice Line offers light, slim solutions for the home office. Thanks to the straight-lined modern design, the desks can be optimally integrated into the living space and still create an ergonomic workplace.

The Steelforce Professional Line is ideal for the classic office environment. A variety of models create customisable work solutions in different sizes and cuts. And each work station quickly adapts to changing tasks or different users. That way our new Steelforce lineup with height adjustable desks makes office work organisation far more flexible.

We at Hettich want to do our part in getting movement into everyday office life. With noticeably more convenience, better ergonomics and a tidy feel-good atmosphere at every workplace.

Learn more at: <https://lnkd.in/eH2nNE7c>

### **ASSMANN Büromöbel GmbH & Co. KG: Room acoustics**



Room acoustics is an essential aspect of performance-enhancing working conditions, especially in open space offices. That is why Furniture Club member ASSMANN BÜROMÖBEL GMBH & CO. KG offers acoustically effective solutions for furniture and interior design - from the sound-absorbing acoustic image to the stylish partition wall system. Since there is no one-size-fits-

all solution for the right acoustics, the experts at ASSMANN support customers in implementing a suitable concept for their working environment.

Click here for further information: <https://lnkd.in/eABJ7TfZ>

### **Halbmond Teppichwerke GmbH: Ergonomic value of carpets**

Services and administrative activities require mobility. More and more people today spend their working time standing or walking, for instance in banks, open-plan offices, sales or gastronomy. This imposes high demands on the locomotor system and consequently requires ergonomic interior concepts. Studies have shown that textile floor coverings are fundamentally more suitable than hard floors here.



Carpets have several positive effects on the spine, back and joints. The dimensionally stable, elastic backing with heavy-duty felt systematically absorbs the compression forces and impacts acting on the body with every single movement. Above all, the vertical shock associated with each single step is considerably reduced – by up to 35% depending on the carpet quality concerned.